

## **Memorial Day Reflections**

**My exciting news is that I was installed as President-Elect for The New Jersey Association of Women Business Owners (NJAWBO) at its annual conference in Atlantic City last week. In this role, I'm the Chair for NJAWBO's Women's Business Center (WBC) - yippee yeah! I want to share our article "Memorial Day Reflections" with you so you can benefit from its helpful tips. This article can be viewed at [www.positiveactions.com/ezine/memorialreflections.pdf](http://www.positiveactions.com/ezine/memorialreflections.pdf). Please forward to others who can benefit from it too. Please apply the following recommendations on a personal or professional level. "I appreciate the enlightenment you have been sharing with me..." - E. Fayette, Jr., Director, Wal-Mart**

As business owners, managers and professionals, we all have people we can thank who have helped us to succeed. **"How important it is for us to recognize and celebrate our heroes and she-roes!"** - Maya Angelou. As we celebrate the Memorial Day Holiday season here in the USA, we reflect on the heroes that made the ultimate sacrifice for us to enjoy democracy and freedom. The following are three thankful recommendations:

1. **Remember to thank those who have gone before you to pave the way for your success.** Who can you thank today?
2. **Thank those who have helped you to get closer to achieving your goals:** spouse, parent, child, sibling, relative, neighbor, teacher, boss, peer, support staff member, client, supplier, friend, casual acquaintance or someone in your past.
3. **How about sending a Thank You note on a regular basis to those who have helped you to succeed?** You can send a card, email, fax, instant message (IM) or call them. The post office reports that only four percent of mail is personal correspondence. This means that now, more than ever, a handwritten envelope will stand out among the piles of bills and advertisements. How do you feel when you receive personal mail? Encourage someone today.

**Don't delay! Share some cheer and send that special person a Thank You card today!**

About the Author: Rosemarie Strawn is a Motivational Speaker and Corporate Trainer with over 15 years experience in Team Productivity Improvement. Ms. Strawn provides Public Speaking Coaching to increase sales and customer satisfaction. She is President-Elect for the New Jersey Association of Women Business Owners, NJAWBO. She is an Advisor for the Piscataway Industrial Advisory Commission appointed by the Mayor. Ms. Strawn is the Owner of **Positive Actions**.

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Thank you for your encouragement! **My wish is for you and I to express an attitude of gratitude, daily!**